

YOU TUBE-WIPA VIDEOS SHOWING MANEUVERS AND FUNDAMENTALS

https://www.youtube.com/channel/UCIH_peHDcuMtKL39sEUxzhw/videos

FOR

**LEVEL 1 – BEGINNING NON-PLANING WINDSURFING INSTRUCTOR &
LEVEL 2 – INTERMEDIATE NON-PLANING WINDSURFING INSTRUCTOR**

- | | |
|---|---|
| 1. Light Wind Self Rescue | https://youtu.be/sd2apuXKvM4 |
| 2. Board/Body 180 Degree Turn | https://youtu.be/aHwWAsxSyhY |
| 3. The Tack Family | https://youtu.be/6BfZHq_dhTI |
| 4. The Jibe Family | https://youtu.be/Saz0BeRAOww |
| 5. Getting on the Board, Uphauling, Sailing Along | https://youtu.be/kfTNmie1r2s |
| 6. Tennis Save – Hanging Save | https://youtu.be/5RCcTmjCEf4 |
| 7. Carrying the Sail | https://youtu.be/BQkV5s_sPD4 |
| 8. Beach Start – Fin First Beach Start | https://youtu.be/7rRgzgxaBNc |
| 9. Schlogging Upwind Without A Daggerboard | https://youtu.be/LvPGcCWYgJQ |
| 10. The Wavy “S” Family | https://youtu.be/B5i_NFLrbS4 |
| 11. Five Drills for Tacks and Jibes | https://youtu.be/q-y9ZHOVs34 |
| 12. Sail 180 (Duck) and Sail 360 | https://youtu.be/iKzfK_sJmpE |

